# THE EARTHWORM: Newsletter of the Windsor Garden Club October 2015

PRESIDENT: LAURA JARY VICE PRESIDENT: CINDY DANIELS TREASURER: JIM BENNETT RECORDING SECRETARY: LAURIE DURANT CORRESPONDING SECRETARY: ERIN BOURDON DIRECTOR: ERIN BOURDON EARTHWORM EDITOR: ROSE STEPNICK



#### PRESIDENT'S MESSAGE

~ The purpose of life is not to be happy - but to matter, to be productive, to be useful, and to have it make some difference that you have lived at all. ~ Leo Rosten

Hello All,

I would like to thank the Program Committee for our September meeting "Raptors in Our Environment" presented by Mary Beth Kaeser, from Horizon Wings. What a wonderful presentation!

Please welcome to our membership **Theresa Dickey-Gaignat**, South Windsor, CT and **Tracey Young**, Windsor, CT. Please add their complete membership information to your membership booklet, available at the check in table at our regular meetings.

I would like to thank, **Laurie Durant**, for putting together a beautiful "Windsor Garden Club Basket" for the Northwest Park Country Fair Auction and thank the members who donated items for this basket.

Please mark your calendar for our next meeting scheduled for October 12<sup>,</sup> 2015 and our program entitled "*Farm to Pharmacy, Herbal Plant Medicine*". Stacey Wood and David Soule, owners of Whole Harmony for U, from Whole Harmony Medicinal

Herb Farm in Haddam CT, will share their knowledge of herbal plant medicine. This sounds like a wonderful program....please let your friends know about this program. The program will begin at 7:00PM.

Laura Laura Jary, WGC President



### MARK YOUR CALENDAR

October 12<sup>th</sup> Meeting - Program Update! Farm to Pharmacy, Herbal Plant Medicine

At the October 12<sup>th</sup> meeting of the Windsor Garden Club, Stacey Wood and David Soule, owners of Whole Harmony for U, from Whole Harmony Medicinal Herb Farm in Haddam CT, will share their knowledge of herbal plant medicine.

Both Stacey and David have completed the Farm to Pharmacy program, Community Herbalism program, and are members of the Connecticut Herb Association. Whole Harmony was awarded 1st place in the Coffee/Tea Category at the Connecticut Specialty Food Competition for their Goji Berry Raspberry Iced Tea.

It was wonderful to see everyone in September. Mary Beth, from Horizon Wings emailed me to say how very welcome she and her team felt. She commented on your wonderful questions! See you all on October 12<sup>th</sup>! Cindy Daniels

#### November 2nd \*\**First Monday*\*\* Meeting Hydroponics, Gardening for the Future

Our November 2nd meeting will feature George Elliott, a professor from the University of Connecticut. He will discuss the benefits of growing plants in water. He will share with us research being done at the University and farms around the state that are using hydroponics successfully.

These meetings are free of charge. The programs will begin at 7:00PM.

#### MEETING INFORMATION

- Club meetings are *typically* conducted on the second Monday of the month.
- Meetings begin at 6:30 PM with social time, followed by the evening's guest speaker beginning at 7:00 PM. The business portion of the meeting completes the evening.
- New members are always welcome.
- Meetings take place at the L.P Wilson Community Center, 599 Matianuck Avenue, Windsor, CT, in the Senior Center Room, which is located on the front left side of the building.
- During the months of June, July and August, club meetings are informal and are typically held at member's homes.
- Please check the calendar page to verify all meeting dates.

## GARDEN TOUR 2017 COMMITTEE MEETING

## Tuesday October 6<sup>th</sup>

We will have our first meeting for the July 15, 2017 Garden Tour: Down Memory Lane, And Still Growing Celebrating 80 Years of the Windsor Garden Club

Tuesday, Oct.6<sup>th</sup> 7:00pm, at Cindy Daniels' home, 28 Jubrey Drive If you have volunteered to be on this committee, or wish to be, please plan to join us.

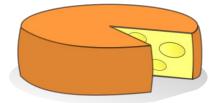
Please call or email Cindy Daniels with any questions or to let me know you will be here. Cell# 860-836-0280 or email: cldrssage959@gmail.com

Thanks everyone!

#### Reminder of upcoming fieldtrip!

#### FIELDTRIP OPPORTUNITY TO CATO CORNER FARM, COLCHESTER CT Date: Friday, October 2, 2015

#### Time:\* Meet at LP Wilson at 9:30am to head to the farm.



- Members and friends of the Windsor Garden Club will travel to Cato Corner, Colchester Ct., to view the farm, taste some of their wonderful cheese and hear all about their operation on;
- Friday, October 2<sup>nd</sup>., rain or shine, meet at LP Wilson at 9:30am for possible carpooling
- Lunch to follow at the " Plum Tomato"
- We should return to Windsor by 2:00pm
- Should you have any questions, please call Cindy Daniels, 860-836-0280; or
- Email; cldressage959@gmail.com
- Thanks everyone!

### Notice of New Fieldtrip Opportunity!

#### SCULPTURE GARDEN AT THE GOVERNOR'S MANSION

Tuesday October 20<sup>th</sup>



The sculpture garden occupies a 4.7 acre space behind the Governor's Mansion and was created by 14 Connecticut sculptors. This is an exciting opportunity for us. Unfortunately, the Sculpture Garden is not open to the public for tours on weekends.

Members and friends of the Windsor Garden Club will travel to the Governor's Mansion on **Prospect Street in West** 

Hartford on; Tuesday, Oct. 20<sup>th</sup> for a private, guided tour of the Sculpture Garden.

Meet at **LP Wilson** at **9:30am** for possible carpooling.

#### Rain will cancel this fieldtrip.

To join us, or with any questions, please contact Cindy Daniels, 860-836-0280 or email cldressage959@gmail.com

Thanks everyone!



# "WINDSOR LION'S CLUB 23RD ANNUAL FALL ARTS AND CRAFTS FAIR" on the Windsor Green

#### OCTOBER 10th, 2015

We will be hosting a table at the Fall Arts and Craft Fair as a reach out to the Windsor Community. Our booth is **#23** and we will be there from **9 a.m. until 3 p.m**.

Our group will be speaking to folks interested in gardening and answering questions they might have regarding The Windsor Garden Club's programs and ongoing Community Projects. This is a wonderful way of promoting our garden club.

#### THE WINDSOR GARDEN CLUB HOLIDAY BRUNCH DECEMBER 6, 2015



We will gather at **The Nutmeg**, a local restaurant, on Sunday, December 6th at 12 Noon for a bountiful brunch to help usher in the holiday season.

# The Nutmeg is located at **297 South Main Street (Route 5) in East Windsor**.

The cost with tax and gratuity comes to **\$28.85 per person.** 

This includes: 1 complimentary beverage: champagne, mimosa,

Bloody Mary or juices. The carving station has hickory smoked ham, leg of lamb and roast beef. Omelets made to order.

Breakfast items: French toast, bacon, sausage, muffins, bagels, Eggs Benedict. Luncheon items: fish, chicken, pasta, potatoes, vegetables. A large selection of pastries and desserts will be offered. Coffee and tea is included.

# RSVP and payments (made out to The Windsor Garden Club) will be taken between October 12th and November 2, 2015.

# FOR YOUR INFORMATION



**Food Donations:** Please remember to bring a non perishable food item for the Windsor Food bank. Donations can be left at the table where you check in.

Thank You Hospitality Volunteers for October 12th: Bev Lowe, Maureen Vaginini, Heidi Kraushaar, Susan Zorro, Laurie Durant and Debbie Baker.

**Hospitality Volunteers for November 2nd:** Ann Mazza, Barbara Stavens, Margaret Taff, Laurie Durant and Alice Lang.

# PLEASE NOTE: November 2nd is a \*\**First Monday*\*\* Meeting because of scheduling.

## TIPS FOR THE OCTOBER GARDENER



# **Storing Plant Containers for Winter**

"Ideally, pots made from breakable material, like terra cotta and ceramic, should be stored individually, not stacked... I have to stack my containers and I've cracked more than one in the process. Now I use some cushioning, much as I do when staking china plates...

I fold sheets of newspaper into 2 - 3 inch strips and cradle each pot in one. You could use anything handy, cardboard, bubble wrap... Store your containers where they will remain dry and somewhat protected."

For more see: How to Clean Plant Containers, By Marie lannotti http://gardening.about.com/od/gardenmaintenance/ss/How-to-Clean-Plant-Containers.htm

# **Bringing the Garden Indoors**

1. Wash your plants to remove insects or eggs that could multiply indoors. Before bringing plants inside, wash with a strong spray of water, then treat with insecticidal soap and let dry.

2. Choose a bright indoor area, such as a large window with southern exposure. In spaces with less natural light, a grow light can be added.

**3.** Humidify to keep plants healthy in forced heat. Use a whole house humidifier or mist daily. Set up humidity trays below each plant; fill a tray with pebbles and water that reaches to just below the top of the pebbles, which will evaporate and humidify the plants.

**4. Avoid overwatering**, keeping in mind that plants need less water in winter. Water moderately when the top 1-2" of soil is dry.

**5. Delay fertilizing** until a month before your plants can return outside—determine timing based on the last frost date in your region. Apply a half-strength solution of liquid, all-purpose fertilizer each week.

http://www.shopterrain.com/article/hardiness-zone-map/?cm\_mmc=broadcast-\_-Q32015-\_-092315hardinesszone-\_-main-blog

TIPS: If anyone has any helpful gardening hints, horticultural places to recommend, or links worth sharing, please send the information to me at <u>rosenick10@yahoo.com</u>. They will be listed here and will be most appreciated. Share those new and old ideas with other members.

Submission Deadline for November 2015 Earthworm: October 19th. If you would like to include one of your garden photos, an announcement, or any suitable information, please email it by this month's deadline.

Thank You! Rose Rosenick10@yahoo.com