

The Earthworm



March 2014

The Windsor Garden Club

President: Laura Jary Vice President: Cindy Daniels
Director (Past President): Erin Bourdon Treasurer: Jim Bennett
Recording Secretary: Alice Lang Corresponding Secretary: Wendy Mitchell
Earthworm Editor: Lois Kelly

President's Message

“When the world wearies and society ceases to satisfy, there is always the garden.” ~Minnie Aumonier

Hi Everyone,

I hope everyone is staying warm and is well. At our last “Soup Talk” meeting we had so many varieties of soups, breads, many other treats and desserts. It was such a nice time socializing and getting caught up with folks that we haven't seen in a while.

Our next meeting, on **March 10th**, is entitled **“Herbs for Teas and Springtime Tonics”** will be presented by **Gayle Nogas** from the **Connecticut Herb Society**. I know that it has been a very cold winter and the snow seems to be always in the air but please consider coming out to this meeting. This would be a great meeting to invite a friend or neighbor that grows herbs or likes to garden but hasn't thought of growing herbs. We will have lovely beverages to warm you up, delightful munchies and wonderful desserts.

We have a very nice club – our members are more than members they are new friends, old friends and sometimes they become best friends. We all have an interest in thinking GREEN, the love of gardening and making our Town of Windsor a more beautiful place to live, play, educate and enjoy.

I am looking forward to seeing you all.

Laura

Laura Jary, WGC President

FOR YOUR INFORMATION

- 1. Next Meeting:** The March 10th meeting of the Windsor Garden Club presents “Herbal Teas and Springtime Tonics “. It is believed that teas have been used by mankind since prehistoric times, and that they have been a part of every known civilization. Participants will learn about the healing benefits of herbs that you can combine to create blends for enhancing health and well being. Teas can calm and relax while promoting sensory pleasure and health benefits. You will have an opportunity to see, touch, smell and taste pleasantly flavorful and nutritive herbs. We’ll discuss preparation methods for infusions and decoctions. Our presenter, Gayle Nogas, M H; is the founder and proprietor of “Gayle’s Thyme Herbal Apothecary in Enfield, CT. Gayle’s Thyme opened in 1995 as a small herb shop and now carries over 500 varieties of herbs, spices and teas, as well as essential oils. Gayle celebrates over 30 years as an herbalist, and has her Master Herbalist Diploma from the American College of Healthcare Sciences, Portland Oregon. Gayle is a long time member of the CT Herb Association, the Northeast Herbal Association and National Association of Holistic Aromatherapy.

Meetings of the Windsor Garden Club are held at LP Wilson Center on 599 Matianuck Ave., from 6:30 – 9:00 pm. For additional information about the WGC please visit our web site at Windsorgardenclubct.org.

- 2. Food Donations:** Please try to remember to bring in a nonperishable food donation as the food pantries are having a hard time keeping up with supplying food to people in need. As usual the food donation basket will be by the table where you sign in.
- 3. Club Logo:** Jim Bennett is accepting any suggestions for a logo and will develop it for our web site and other uses. Among the suggestions at the meeting was to use it on the Earthworm each month. A concern was the expense of using color ink. Those are just a couple of ideas. Feel free to let Jim know of any ideas that you may have.
- 4. In Memory:** It was noted by Laurie Durant that former WGC member Bob Kurtz had passed away. As a tribute to Bob from the WGC the library will select a book regarding home gardens and the club will pay \$25.00 toward it’s purchase.
- 5. April 14th meeting:** The topic will be “Constantly Blooming Containers” presented by Sarah Bailey, Advanced Master Gardener and CT Accredited Nursery Professional. Please note that after the presentation we will go over ongoing Community Projects. Secondly, we will be selecting our 2013/2014 officers. Nominations will be taken from the floor. We will then present the nominations in our May Earthworm. Just a reminder at our May meeting other nominations can be presented before taking the vote.